

Copeland Center For Wellness and Recovery



Mental Health Recovery: WRAP Facilitator Certification

Spend five days with Copeland Center staff learning to become a Mental Health Recovery Educator. During the training, you will gain a deeper understanding of the recovery process and learn to:

- work with people who have mental health challenges to discover the strengths they have and can use to enhance their recovery;
- effectively share the underlying concepts necessary to recovery: hope, personal responsibility, education, self-advocacy, and support;
- work with individuals and groups to develop a Wellness Recovery Action Plan (WRAP),
- teach about wellness tools and strategies
- empower and motivate people to work toward recovery – feeling the way they want to feel, making their lives the way they want them to be, and moving toward meeting their goals;
- use interaction and presentation styles and strategies that enhance recovery.

Thousands across the US and the world have trained as WRAP Facilitators and those people are changing the mental health system to honor people's recovery journeys. This course models the behavior of a facilitator in a WRAP class and stresses authenticity and unconditional high regard, as well as a strong set of values and ethics to guide your work.

Prerequisites: The training is open to anyone familiar with the work of Mary Ellen Copeland. This means people who have completed a WRAP Class or have taken the Correspondence Course. There are no academic or professional prerequisites.

Upcoming Facilitator Trainings:

February 1–5, 2010
Austin, TX

April 12–16, 2010
Boise, ID

More trainings
coming soon!
For the latest
information:
copelandcenter.com

For More Information:
Copeland Center for Wellness and Recovery
<http://copelandcenter.com>
info@copelandcenter.com 802-254-5335